



WILLIAMHOLT

**Mentor, Trainer, Author &
Speaker on Four Continents
Creator: Holt Coaching Method**



William's knowledge and experience are exceptional ... his coaching methods and skills have allowed me to think at a new level as a person, employee, husband & father.

Davinder H., Sales Manager

William's coaching methodology is straightforward with a seemingly inexhaustible source of easily applicable, yet immensely effective strategies.

Irina Wendler, Career coach

If you are seeking personal growth along with a solid education that will provide you with the expertise to develop your own successful coaching style, I highly recommend The Holt Method!

Liza Hella, Pianist & Actress

William has an exceptional ability to guide his Holt Coaching Method clients through experiential discussions which cause them to see situations in different lights and make better choices.

John O'Dell, University of Houston



Let William mentor you:

3 Simple (but not easy) Secrets to Redesign Your Life

How to alleviate stress, boost energy, build confidence, and become super focused, so that you get more done in less time, feeling freer and more alive than ever before!

Who is William Holt?

William Holt has coached, mentored, trained and certified coaches on four continents with companies like BP and Unilever. He has been studying human behavior through many lenses and methodologies like NLP, Sports Psychology, Organizational Engineering, and Hypnosis for over forty years.

He is the founder and creator of the **Holt Coaching Method** and has designed his certification program especially for aspiring executives wanting to take their life and business to the next level.

William teaches with humor and insight through out-of-the-box, engaging stories. He's also the author of the internationally recognized coaching handbook - **Life: The Best Coach of All**